



i Believe i Can  
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## ABOUT TARNYA COLEY

Tarnya is the bestselling author of *Open Doors* which is rated 'an inspirational book' by many readers. It is endorsed by the founder of SA Consulting who is a Leadership Coach and renowned Women in Leadership Speaker.

She is an associate member of the Professional Speaker Association (PSA). Tarnya is regarded as a respected and influential speaker. She has over 15 years experience speaking on many platforms. Mostly gained working in the educational establishment. She's distinguished for her down to earth approach to empowering women and for helping individuals live a life of purpose.

Tarnya dispenses keys to success that work and results in transforming women by making their goals become a reality. She loves inspiring others to dream big.

Tarnya's tips are practical, and easy to execute —the biggest investment is your time. Tarnya says that it is essential to believe in yourself because that is where it all starts.



## SERVICES & PACKAGES

Empowering women to step into their greatness and live life on a new level.

### **1:1 COACHING-**

**HELPING WOMEN WHO ARE STRUGGLING TO ACHIEVE THEIR LIFE GOALS. SHOWING THEM WHAT IS POSSIBLE.**

### **ONLINE COACHING- SIX STEPS TO SUCCESS**

**A POWERFUL PROVEN PROGRAMME THAT TEACHES HOW TO SET & ACHIEVE ONE BIG AMAZING GOAL. THIS COURSE GIVES YOU THE TOOLS, SUPPORT, AND STRUCTURE YOU NEED TO ACHIEVE IT.**

### **TRANSFORM YOURSELF FOR SUCCESS WORKSHOPS**

**DYNAMIC AND ENGAGING WORKSHOPS THAT LEAVE YOU EMPOWERED TO ACHIEVE YOUR GOALS.**





## TESTIMONIALS

'Tarnya's workshop is very useful & helpful. Practical tips on how to be more effective.'

— Katie

'Tarnya is an excellent motivational speaker and boy do you know when you've attended, makes you feel like lifting the earth...no that was Atlas!, this is Tarnya Coley a wholly intellectually emotional speaker who knows her stuff and is very influential on people's lives, well being and success!'

— Bev Fletcher

